



Ridley Rec Happenings

A message from Commissioner Pat McMenamin, Recreation Dept. Chairman:

We are happy to provide you with our Ridley Rec Happenings newsletter and invite all Ridley residents to participate in our recreational programs. **Register for programs at the Ridley Township Municipal Building, 100 E. MacDade Boulevard, Folsom, during normal business hours or online at www.ridleytwp.org - click on Parks & Recreation, unless otherwise noted.** If you need information on any of our programs, contact our Recreation Director, Peg Whelan at pwhelan@ridleytwp.org or 610-522-0557.

Summer Playground Program

The Ridley Recreation Department recently completed yet another successful summer playground program with 300+ kids at 5 locations! Thank you to all the participants, parents and counselors who made the program a success!



SUNDAY, SEPTEMBER 15, 2024

(RAINDATE - SUNDAY, SEPT. 22ND)

10:00AM TO 2:00PM

RIDLEY TOWNSHIP MUNICIPAL BUILDING GROUNDS

100 E. MACDADE BOULEVARD, FOLSOM, PA

The MacDade Boulevard entrance will be closed to vehicle traffic. Please enter the grounds from the Morton Avenue entrance.

Live Entertainment, Food Court, Library Book and Bake Sale, Face Painting, Balloon Twisting, Inflatable Slide, Trackless Fire Truck Rides! Many New Craft and Woodwork Vendors!

Visit www.ridleytwp.org for more info.

Craft Class



Sharon Boyle will hold craft classes themed around the approaching holiday season on **Monday evenings, October 7th, 14th and 21st from 6:30pm to 9:00pm in Room 108, Ridley Community Center.** Cost is

\$90.00 per person & participants MUST bring their own scissors, glue gun and glue sticks. All other supplies will be provided. **Class is limited to 25 participants.**

Christmas Tree Lighting



Our annual Christmas Tree Lighting will be held on **Tuesday, December 3, 2024** (raindate Wednesday, December 4th). Santa will arrive courtesy of the Ridley Township Fire Companies approximately 7:00pm. There will be music, snacks, soft pretzels & hot chocolate available! We invite everyone to come out and welcome Santa to Ridley Township!



Baseball Camp

New this year, this one-day baseball skills camp conducted by Ridley High School Boys Varsity Coach Tom Carey, will be **held at the Ridley High School Varsity Baseball field on Monday, October 14th** (School Holiday for Ridley School District) as follows:

- Ages 8 to 11 - 9:00am to 12:00pm
- Ages 12 to 15 - 12:30pm to 3:30pm

***Important** - Participants will also be using the batting cages in the Community Center, so **please bring sneakers along with cleats.** Cleats are not permitted inside the Community Center. **Cost is \$30.00 per participant.**

Fall Bocce Ball League

Bocce Ball is back! League participants must enter as part of a team - 4 members minimum; 8 members maximum. Each team



member is required to sign a Hold Harmless Agreement and provide insurance information. **Cost is \$20.00 per team member.** The number of teams will be limited, so register your team early! **The League will be held at the Bocce Ball Court at Ridley Township Municipal Park, Michigan Avenue, Swarthmore (behind Notre Dame de Lourdes School) and will begin on Tuesday, September 3rd and run through the week of October 15th, with playoffs the week of October 21st.** The schedule is to be determined. The League Official will contact you. Team registration forms and Hold Harmless Agreements can be obtained at the Ridley Township Administration Office, 100 E. MacDade Boulevard, 100 E. MacDade Boulevard, Folsom during normal business hours. Any questions can be directed to Anthony Giannini at agiannini56@gmail.com. **NO ONLINE REGISTRATION WILL BE HELD FOR THIS PROGRAM.**



Ridley Rec Happenings

Zumba Fitness

Zumba Fitness Class is back this Fall! All levels of fitness ability are welcome! The class will be held for 8 weeks on **Monday evenings from 7:30pm to 8:30pm September 23rd through November 11th. Class will be held at Ridley's Creekside Center, 794 Milmont Avenue, Swarthmore. Cost is \$60.00 per participant.**



Zumba GOLD

Zumba GOLD is a fitness program that brings Latin & global dance rhythms from the original Zumba program at a lower intensity for beginners, active older adults &/or individuals who want to experience Zumba at a lower level. Those new to or returning to fitness, those with physical/learning limitations, as well as individuals who have completed a physical rehab program can participate! **Class will be held on Tuesdays beginning September 17th through November 12th (no class on November 5th) from 7:00pm to 8:00pm at Ridley's Creekside Center, 794 Milmont Avenue, Swarthmore. The cost is \$55.00 per person.**



Yoga Classes

Chair Yoga: Chair Yoga is ideal for those with mobility issues, especially senior citizens. Most seniors are apprehensive about starting an exercise program because several factors can make movement challenging for them. Exercises like chair yogs allow seniors to stay active and improve flexibility and strength without engaging in strenuous or full-range movements. Class will be held for 8 weeks on

Wednesdays beginning September 4th through October 30th (no class September 11th) from 5:30pm to 6:30pm. Cost is \$100.00 per participant.



Hatha Yoga: In this class, postures are practiced to align, strengthen and promote flexibility in the body. This class is appropriate for beginners as well as experienced students. Options for modifications are offered so that yoga can work for everyone! Class will be held for 10 weeks on **Wednesdays beginning September 4th through November 13th (no class September 11th) from 7:00pm to 8:15pm. Cost is \$135.00 per person and participants must bring a mat and towel.**



Both yoga classes will be held at Ridley's Creekside Center, 794 Milmont Avenue, Swarthmore.



Ridley Township
Public Library
& Resource Center

For information on current and upcoming programs for infants, children and adults, please visit the Ridley Township Public Library & Resource Center's website at www.ridleylibrary.org.

